Hopewell Area School District
Return to School
Parent Health Services Information

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First Day: September 8

Students who attend Tuesdays and Thursdays will attend in person.

Students who attend Wednesdays and Fridays will be remote on the first day.
Parent and Emergency Contact Information is CRITICAL

Please be sure that you provide this at the start of the school year AND update any changes throughout the year!
Overview of Covid-19

Covid-19 is a “novel” virus meaning it is new. The first case was identified in the US on Jan 20\(^{th}\) in the state of Washington.

To stop a rapid rise in cases and avoid hospital surge schools, businesses, and individuals were required to isolate.

Currently there have been 5.4 million cases, and 170,000 deaths in the US. In Beaver County there have been 1,410 cases, and 94 deaths. Of these, almost all unfortunately occurred in residents of a local nursing home.

Beaver County has moved from red, through yellow, and now to green phase of reopening. These color codes have specific guidelines for resuming activities.
COVID-19 Symptoms

- Fever (100.4 degrees F) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
When to keep your child home

Child has **ONE** of the following in the last 24 hours:
- Fever (100.4 or higher)
- Cough
- Shortness of breath
- Difficulty breathing

Child has any of **TWO** of the following in the last 24 hours:
- Sore throat
- Runny nose/congestion
- Chills
- New lack of smell or taste
- Muscle pain
- Nausea or Vomiting
- Headache
- Diarrhea
Thank you!

- Moving forward to reopen school will require everyone’s cooperation! Everyone is “essential” in this next step.

- It will be different, it will require extra effort from everyone, and a tremendous amount of flexibility!
State Guidance on Instructional Models

PDE & DOH: Determining Instructional Models During the COVID-19 Pandemic Recommendations for Pre-K to 12 Schools

In response to school leaders' need for additional guidance as to the risk of COVID-19 transmission in their communities, the Departments of Health and Education are providing recommendations to Pre-K to 12 schools for use when making decisions related to the instructional models used during the 2020-21 school year.

PA DOH and PDE Guidance for Instructional Models During COVID-19

August 21, 2020
Most recent 7 day PCR: 5.3%
Previous 7 day PCR: 5.2%
Hybrid Model:

Group A: Tuesdays and Thursdays and alternating Mondays
   Last name: A-K unless a parent requests a change

Group B: Wednesdays and Fridays and alternating Mondays
   Last name: L-Z unless a parent requests a change

If you need to change your assigned days, contact your child’s school office.

For a list of Mondays assigned to Group A and B, please look at the school calendar posted on the website.
How to show your Viking PRIDE!

● In order to fight this virus we need to stay strong and as healthy as possible.

● Eat right, get exercise, maintain good sleep habits and hygiene.

● It is important that students are well fed either at home or school. Nutritious foods assist the body with immunity and energy levels throughout the school day. (Fatigue and low blood sugar levels may be mistaken as illness)
How to show your Viking PRIDE!

• Cleanliness is more important than ever! Students need to come to school showered, face clean, hands clean, teeth brushed, and in clean clothes to prevent any spread of the virus. (Matted eyes may be mistaken for conjunctivitis a COVID symptom)

• Daily health screening MUST become a part of your morning routine! (Every home should have a thermometer). Do NOT send any sick student to school. It takes all of us to maintain the safety of our community.
How to show your Viking PRIDE!

- Students with asthma, allergies, diabetes, etc. should be well maintained on medications so that symptoms are not confused with COVID. (Address this well before school starts)

- **FLU** vaccine Strongly recommended! As are all routine vaccinations! **Plan for this!**
Let’s start our day.....

- Temp check and health screening at home?
  - HASD Daily Wellness Checklist for Parent/Guardian

- Breakfast at home or school?

- Showered, face washed, teeth brushed, clean clothes?

- Daily medication if needed?
  - Remember: No Tylenol or Advil if exhibiting illness symptoms—stay home
Let’s start our day... continued

● All school supplies in book bag?
  ○ You will need your own supplies – no sharing!
● Water bottle?
  ○ No water fountains – only bottle refill stations
● Lunch Packed?
● Mask on?
  ○ Have a few so these can be cleaned frequently
How to show your Viking PRIDE!

- **Bus ride** — stay in seat, don’t touch each other, wear mask

- **At school** — follow signs and directions, wear facial covering, have school supplies ready for the day, have your device charged.

- Follow teachers directions for frequent handwashing times, social distancing, and new procedures.

- **The School Nurse’s office** is now limited to scheduled visits to avoid having sick and well students in the office at the same time. We are discouraging visits for minor things like chapped lips, paper cuts, loose teeth, etc. The classroom will have band-aids and tooth holders for minor occurrences. We ask that you discuss trips to the nurse’s office with your child BEFORE school starts and periodically as needed.
How to show your Viking PRIDE!

Sick student....

- The teacher will call the Nurse about a potentially sick student.
- The nurse will either triage care, visit the classroom, or pick up student for further evaluation in the nurse’s office.
- Student may be placed in a designated isolation area for evaluation. The nurse will put on PPE (personal protective equipment) before evaluating student in office. A mask may be placed on a student with symptoms of COVID.
How to show your Viking PRIDE!

*Sick student.....continued*

- Parents / guardians will be called to pick up. You MUST plan for parental substitutes BEFORE school starts!

- Students and a staff member may wait outside for parents to pick up child. Staff member will bring child to your car.

- Information will be given regarding follow up care. Excuse forms will be given at that time for return to school. Siblings may be dismissed at that time if symptoms of COVID!

- Distance learning will be initiated immediately until cleared to return to school.
How to show your Viking PRIDE!

_A presumptive case in school and his/her siblings..._

- A student who has signs or symptoms of Covid will be sent home immediately.
- Siblings will be dismissed from school as well, as they may have been exposed to the sick sibling.
- Students with presumptive symptoms and their siblings will be marked as nurse excused absence.
- Siblings can return if:
  - Evaluated by a physician and released to return to school, or
  - Is asymptomatic for 10 days, he or she may return to school.
How to show your Viking PRIDE!

Follow up and testing....

● You will be required to call pediatrician, PCP, or clinic for follow up.
● A virtual visit may be done.
● Testing may be ordered.
● NO school until you are feeling well and you have met the re-entry guidelines.
● Results will be called to you.
● If positive the DOH will likely conduct contact tracing and educate you regarding isolation and quarantine.
How to show your Viking PRIDE!

Stigmatism.....

- Anyone can get this virus.
- Finger pointing and gossiping are not helpful!! Discuss this with your students before school starts.
- It will take strong community effort, patience, flexibility, and support to get through this time.
- Be part of the team that is working hard to get our students back into school in the safest and least restrictive way possible!
- YOU are “essential” in this fight! Thank you for your cooperation!
Please tell your child, “Don’t be afraid of what the school nurse may wear when taking care of you if you get sick at school as it is important to keep germs from spreading”.

Remember, she is there to help you and is very kind.
Positive Cases: Communication

A positive COVID case is shared with an administrator or school nurse. The nurse and/or administrator will inform the Superintendent (or designee) of the positive case.

The school will schedule Bactronix application for all learning spaces that the individual was last in to disinfect the area(s).
Positive Cases: Communication

The Superintendent (or designee) will communicate the positive case(s) to parents as follows:

- A letter to parents will be emailed and posted on the website.
- A phone blast will be sent to parents to alert them of the letter on the website and in their email.
Information & Updates

Webpage...

- Information changes based on the latest evidence and data
- Please look at webpage for updates
- Call or email the School Nurse with any questions or concerns (ex: insurance issues, medications, health changes, immunizations, or COVID related issues)
- Keep the school informed of any changes to your contact numbers or parental substitutes for pick up.
Resources:

Symptoms of Coronavirus

Public Health Guidance Regarding COVID-19 for Phased

Preparing K-12 School Administrators for a Safe Return to School in Fall 2020

Cases & Deaths by County